Immanuel News



March 2022

Our Mission: Immanuel Lutheran Church is a fellowship of believers committed to live and share God's love by serving our community and the world.

Our Vision: We gather as believers who seek to grow in faith through worship, education and welcoming fellowship. We seek to share God's love with the community through word and deed. We extend Christ's love in service to our community and our world.

Dear Beloved Church,

I am glad to be able to come back to my ministry. The joy I have in my heart, I cannot describe in words. The four months waiting for a work permit were very hard on me and on the church. Through the grace of God and your support, I made it through. I am grateful to each one who stepped in to contact our congressman and representatives asking them to expedite the process of my work permit. I am also grateful for those who supported me financially. I am



grateful to our church council who played an instrumental role in supporting me. The Synod also was very supportive. Maggie Westaby and Sally Scinto-Reinertson graciously helped in the worship service. Without them, our church and I would have struggled a lot.

Thank you for your prayers and compassion and for understanding my situation. You assured me every day that you are walking with me and carrying my burden. We are church together.

Yours in Christ,

Rev. Sarras



Fasting according to Lutherans, Catholics, and Anglicans.

Lutheran

Martin Luther held that fasting served to "kill and subdue the pride and lust of the flesh." As such, the Lutheran churches often emphasized voluntary fasting over collective fasting, though certain liturgical seasons and holy days were times for communal fasting and abstinence. Certain Lutheran communities advocate fasting during designated times such as Lent, especially on Ash Wednesday and Good Friday. *A Handbook for the Discipline of Lent* delineates the following Lutheran fasting guidelines:²

- 1. Fast on Ash Wednesday and Good Friday with only one simple meal during the day, usually without meat.
- 2. Refrain from eating meat (bloody foods) on all Fridays in Lent, substituting fish for example.

¹ Gentilcore, David (19 November 2015). *Food and Health in Early Modern Europe: Diet, Medicine and Society, 1450-1800.* Bloomsbury Publishing. p. 125.

² Weitzel, Thomas L. (1978). A Handbook for the Discipline of Lent.

- 3. Eliminate a food or food group for the entire season. Especially consider saving rich and fatty foods for Easter.
- 4. Consider not eating before receiving Communion in Lent.
- 5. Abstain from or limit a favorite activity (television, movies, etc.) for the entire season, and spend more time in prayer, Bible study, and reading devotional material.

Roman Catholicism

For Catholics, fasting, taken as a technical term, is the reduction of one's intake of food to one full meal (which may not contain meat on Ash Wednesday, Good Friday, and Fridays throughout the entire year unless a solemnity should fall on Friday)³ and two small meals (known liturgically as collations, taken in the morning and the evening), both of which together should not equal the large meal. Eating solid food between meals is not permitted. Meat is understood not to include fish or cold-blooded animals.

Anglicanism.

Anglicans follow *Saint Augustine's Prayer Book that defines* "Fasting, usually meaning not more than a light breakfast, one full meal, and one-half meal, on the forty days of Lent." Abstinence, according to Saint Augustine's Prayer Book, "means to refrain from some particular type of food or drink. One traditional expression of abstinence is to avoid meat on Fridays in Lent or throughout the entire year, except in the seasons of Christmas and Easter. It is common to undertake some particular act of abstinence during the entire season of Lent. This self-discipline may be helpful at other times, as an act of solidarity with those who are in need or as a bodily expression of prayer.

³ Code of Canon Law – IntraText. www.vatican.va.

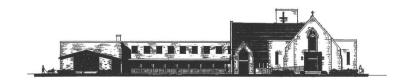
⁴ Gavitt, Loren Nichols (1991). Saint Augustine's Prayer Book. Holy Cross Publications.

Eastern Orthodoxy

Eastern Orthodox Christians are required to fast on Wednesdays (in memory of Jesus' betrayal on Spy Wednesday) and Fridays (in memory of Jesus' crucifixion on Good Friday), which means not consuming food until evening (sundown). The supper that is eaten after the fast is broken in the evening must not include shellfish.⁵ Additionally, Orthodox Christians abstain from sexual relations on Wednesdays and Fridays throughout the year, as with the entirety of Lent, the Nativity Fast, and the fifteen days before the Feast of the Assumption of Mary.⁶

ILC History Hub

IMMANUEL HISTORY –



IMMANUEL'S CHURCH BODIES

For most of its history, Immanuel was a member of an ethnic church body – the Norwegian Synod until 1917 and the Norwegian Church in America (NLCA) until 1946 when it shed its ethnic title and became the Evangelical Lutheran Church (ELC), a synod that lasted until 1960 when a major merger with non-Norwegian church bodies took place. The merger of 1960 brought the German based American Lutheran Church (ALC) and the Danish church body called the United Evangelical Luther Church (UELC) together into a fairly large church organization called The American Lutheran Church (TALC), later shortened to ALC. St. Stephen, First English, and Pilgrim congregations were now in the same church body as Immanuel. Good Shepherd was started as a mission church of the ALC in the mid-1960s. Previously, Immanuel had been the only ELC congregation in the Wausau area, so people moving to Wausau who came from ELC congregations naturally joined our congregation. Immanuel like all

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⁵ Concerning Fasting on Wednesday and Friday. Orthodox Christian Information Center.

⁶ Menzel, Konstantinos (14 April 2014). Abstaining From Sex Is Part of Fasting.

churches, experienced a lot of growth in the 1940s and 1950s. Another merger in 1988 formed the Evangelical Lutheran Church in America (ELCA). This merger brought in Zion and St. Andrew, a congregation of the Lutheran Church in America (LCA) that had only recently been organized in Rib Mountain. Zion, our closest Lutheran neighbor, left the Missouri Synod in the 1970s and its remnant church body, the American Evangelical Lutheran Church (AELC), was also part of the merger. Zion recently left the ELCA, however. Immanuel is now one of many Lutheran congregations in the same church body, the ELCA. Nearly every ELCA congregation in the Wausau area is within a five mile radius of our congregation.

--- Al Solomonson



Thank You Bob Henning and Floyd Hallberg for recording the services. Al Solomonson & Floyd Hallberg for shoveling the snow. Bob Henning for preparing the Ash Wednesday ashes for the homebound.

Pastor Sarras Continuing Education with Lutheran World Federation. Pastor Sarras will be taking a course the second and third week of March from 9-11 am. She will be in her office at 11:30 am. Twenty-three participants represent Lutherans from all over the world. Only three rostered ministers represent the ELCA.

Pastor Sarras is joining the Crossways board! She will attend their Annual Meeting on March 12th.

2022 Synod Assembly Service Project Building Twin-Sized Bunk Beds for Children

This year's Synod Assembly service project will be partnering with *Sleep in Heavenly Peace*, a non-profit committed to making sure no child has to sleep on

the floor by building twin-sized bunk beds. Each bed costs approximately \$250 to build, including building materials, tools, storage and delivery, and training volunteers. These are solidly built bunk beds meant to last for years.

Our Church Council graciously voted to raise \$250 to fund building twin-sized bunk beds. ILC will send the donation to our synod. Please, send your donation to ILC and write in the memo "bunk beds."

A bed isn't really fit for sleep without bedding! We're hoping to collect twinsized sheets and comforters, as well as pillows, to make these beds comfy and cozy for the children who will receive them. Items will then be gathered for the assembly and given to SHP for beds across the synod.

ILC April 2022 Newsletter. The next newsletter will be the April 2022 Edition. The deadline for submissions will be March 28, 2022.

Admin Assistant Vacation Dates: Jackie is taking a vacation from Monday, March 21, 2022-Monday March 28, 2022.

Noisy Offering. Just a reminder that there is a large silver bowl by the church office entrance for your noisy (coin) offerings. Thank you in advance for doing this.

A Canaan Olive Oil is Available in the Church Office.

Olive Oil is Here! Canaan Fair Trade olive oil is available in the church office. The 500 ml bottles are available in the church office for \$25.00. The purchase of this excellent olive oil supports the Palestinian farmers who are part of the cooperative. In addition to using it for your own purposes, it also makes a wonderful gift to give someone!



MARK YOUR CALENDAR!

Bible Study. We will have Bible Study during lent. More information will follow.

Ash Wednesday, March 2, 2022, 1:00 pm.

Wednesday, March 2, 2022, is the beginning of the Lenten season. Christians all over the world will be gathering with their church communities to mark the start of this year's journey through the wilderness and preparation for baptism.

For those of you who received the weekly bulletin or newsletter in the mail, you will receive ashes and the body of Christ in small separate bags.

Ash Wednesday Ecumenical Service: March 2, 2022, 7:00 pm.

Wednesday, March 2, 2022, is the beginning of the Lenten season. Christians all over the world will be gathering with their church communities to mark the start of this year's journey through the wilderness and preparation for baptism.

For those of you who received the weekly bulletin or newsletter in the mail, you will receive ashes and the body of Christ in small separate bags.

Our church will join Grace United Church of Christ, First United Methodist Church, and the host church, First Presbyterian Church—406 Grant St, Wausau, WI 54403—in observing Ash Wednesday. Ashes will be imposed on the forehead of the worshippers as they leave the church and masks are highly encouraged.

Wednesday Lenten Services—Witnesses to Christ: People from His Passion This year's series paints a stunning portrait of Jesus through the eyes of those whose interactions with Jesus lead us to meditate on His Passion as recorded by St. John in his Gospel. Our overall theme is "Witnesses to Christ: People From His Passion." John tells us he wrote his Gospel: "so that you may believe that Jesus is the Christ, the Son of God and that by believing you may have life in His name" (John 20:30–31). This Lent, our life in Christ will be strengthened as

we hear the witness of those who were present as part of Jesus' journey to the cross. Along the way, we'll meet villains, such as Barabbas and Pontius Pilate; sinners, such as Peter (who denied Jesus three times), Mary Magdalene (who was possessed by seven demons), and Judas Iscariot (who betrayed Jesus for thirty pieces of silver); as well as others.

- Ash Wednesday: John the Baptist
- Midweek of Lent 1: Mary, the sister of Lazarus and Martha
- Midweek of Lent 2: Malchus
- Midweek of Lent 3: Peter
- Midweek of Lent 4: Barabbas
- Midweek of Lent 5: Pontius Pilate

All Wednesdays midweek services start at 1:00 pm in the sanctuary. No Holy Communion.

- Holy Thursday: Judas Iscariot
- Good Friday: John, the Gospel Writer
- Easter Vigil: NicodemusEaster: Mary Magdalene

Help beautify the altar area on Easter morning. Flowers offering for 2022: Lilies \$12.00 each 6.5" pot, tulips, daffodils, hyacinths \$8.00 each. Sign-up sheet in Narthex or Call Jackie in the church office at (715) 842-3644. Checks should be made payable to the "ILC Altar Guild" and put on the offering plate. Order must be placed by March 13, 2022.



March 2022

Birthdays. The following individuals are celebrating their birthday in January. Happy Birthday to all of you!

Jessica Case (03/01), Deborah Case (03/03), Kari Solomonson (03/04), Sam Reinertson (03/05), Joan Bergeth (03/08), Justin Nickolai (03/08), Judi McGill (03/10), Karen Rajek (03/11), Andrew Kallio (03/12), Ruth Riehle (03/12), Dan Zinsmeister (03/13), Judith Beckman (03/16), Don Dern (03/18), Nevin Smith (03/20), Barb West (03/21), Matthew Munson (03/28), Brandon Riehle (03/28), Rick Lohr (03/31)



March 2022 Anniversaries

Franklin & Connie Lewitzke (3/6) 35 years Paul & Jane Reilly-Smith (3/6) 23 years

The Wisconsin River Chapter of the American Guild of Organists will present a series of Lenten Meditations. These 30-minute recitals presented by area organists will be held from 12:15 - 12:45 p.m. at St. Paul's United Church of Christ, 426 Washington Street, Wausau, Wisconsin, on the following Fridays.

March 11 - George Felty

March 18 - Susan Schaefer and Jason Zell

March 25 - Irene Beethe and Dr. Kartika Putri

April 1 - Daniel Larson

April 8 - Patrick Burkhart and Dr. James Holt

The church is handicapped accessible. A free-will donation will be received. You are invited to come for a time of mediation and music during the lunch hour.

Caring Corner

Psalm 71:9 "Do not cast me off in the time of old"

Facility

Riverview Towers, 500 Grand Ave., Wausau, WI 54403

▶ Jeff Groethe

Our House Memory Care 220 Campus Drive, Wausau, WI 54403

▶ Pat Stolen, #7

Our House Memory Care 220 Campus Drive, Wausau, WI 54403 Tom McDonell. #11

Stone Crest Residence, 805 Parcher St, Wausau, WI 54403

▶ Joanne Cerny, #7

Heritage House of Portage, 2685 Airport Road, Portage, WI 53901 ▶ Esther Osterby, #43

Riverview Terrace, 540 E. Thomas St., Wausau, WI 54401 (715) 675-4073 **▶ Joyce Lohrey**, #207

Bell Tower Residence, 1500 O'Day St, Merrill, WI 54452 (715) 359-0197

▶ Carol Hettinga, Rm 307

Our House Senior Living, 210 West Campus Drive, Wausau, WI 54401 > Joan Bergeth, #6

Primrose Memory Care of Wausau, 7704 Franciscan Way, Weston, WI

▶ Judy Blanchfield, Apt

Primrose Retirement Community 2100 Townline Rd.

#22

Wausau, WI 54403: ► Thelma Bursik, Apt #101

(715)297-1785

▶ Charlotte Traeger, Apt #215 (715) 298-9421

► Kathy Groethe, Apt #219

(715) 841-0130

Home

Mountain Terrace Senior Living 3312 Terrace Court, Apt 7 Wausau, WI 54401

Ann Kurth 2806 Polzer Drive Wausau, WI 54401 (715) 298-1942

(715) 297-2846

▶ Jeanette Petterson 605 Eagle Nest Blvd. Apt. 208 Rothschild, WI 54474 (715) 359-0449

▶ Pat Stricker 1403 Stark Street Wausau, WI 54403 (715) 842-1304

► Carolyn Viergutz
Fairway Knoll
N112 W17500 Mequon Rd
Germantown, WI 53022

Here are our church friends who are not able to come to church as often as they would like. They would love to hear from you or receive cards in the mail. Please call the church office if someone should be added to list.

ILC Income/Expense Report

	Immanuel Lutheran Church 2022 Income vs Expenses						
Month	Income Received	Expenses Paid	Notes	Difference	Spec Funds income	Total Depost	
January	\$15,144	\$14,458		\$686.00	\$1,185	\$16,329.00	
February				\$0.00		\$0.00	
March				\$0.00		\$0.00	
April				\$0.00		\$0.00	
May				\$0.00		\$0.00	
June				\$0.00		\$0.00	
July				\$0.00		\$0.00	
August				\$0.00		\$0.00	
September				\$0.00		\$0.00	
October				\$0.00		\$0.00	
November				\$0.00		\$0.00	
December				\$0.00		\$0.00	
Totals	\$15,144.00	\$14,458.00		\$686.00 \$686	\$1,185	\$16,329.00	

Immanuel Lutheran Church Council Meeting – January 20, 2022

Members present: VP Maggie Westaby, Treasurer Matt Munson, Secretary Patti Busche, Financial Secretary Jane Reilly-Smith, worship Judy Kort, Properties Bob Henning, Judy Nickolai and Stewardship Rick Lohr.

Members absent: Adam Doede & Kathy Knox

Devotions on John 19 – My kingdom is not from this world. Christians believe His kingdom is not from here and they feel they shouldn't hold public position. We should be looking forward to be with the Lord as we are made for heaven. We are called to do the work of God on earth. We are called to continue his mission.

The meeting was called to order at 6:11 p.m.by Maggie Westaby.

Church Office Report:

- Meeting with 3 other churches 1st Presbyterian, 1st united Methodist and Church of Christ to discuss Ash Wednesday service.
- Confirmation class will not include Pilgrim as their students are further ahead than our student.
- Preparation for Lent is starting.
- Will be serving Holy Communion in the individual cups for the rest of the month.
- Meeting with a task force about creating a statement about state and church.

<u>Secretary's report:</u> Reviewed minutes from the 12/20/21 meeting. Judy Nickolai was left off the list of attendees. Motion made to approve as corrected by Judy Kort; 2nd by Rick Lohr. Minutes approved.

<u>Treasurer report</u>. There was a net gain for 2020/2021 years combined. Reviewed the 2022 budget. Motion to approve and hold for audit made by Rick Lohr & 2nd by Patti Busche. Treasurer's report approved.

<u>Financial Secretary report.</u> Jane provided her report. Year-end report has been completed and forwarded to Jackie for semi-annual meeting. Motion made by Matt Munson to approve and hold for audit; 2nd by Patti Busche. Financial Secretary's report approved.

<u>Sound System update by Jerry Nickolai</u>: Receivers have been installed in upstairs and balcony areas to support 4 wireless microphones. We currently have 3 microphones. Receiver to be installed yet for handheld microphone. Need shelf installed on chancel to hold the receiver and adaptor.

<u>Vice President – 2</u> elevator keys have been made. One was put on the usher key ring. Other is in church office until we decide where to store it. Updated job description for Administrative Assistance was provided. Jane has one in the VP folders that should be reviewed. Also has one for the custodian. Staff raises were communicated.

<u>President's report:</u> Adam left a statement to read. The annual budget has been approved and was posted on Sunday.

Education – painting in the Fish Sandwich with the youth this Sunday.

<u>Properties</u>: Bob will write an article for the newsletter & the semi-annual meeting on how to turn up the heat when the building is occupied to prevent freezing the system and shutting it down. The old boiler room is not a storage room and items have been moved to the old maintenance closet. Filters on 3 furnaces have been replaced and V belts updated. Extra motor is till in the shop. Plumbing has been fixed in Maggie's office and there are plans to fix the wall tile in the girl's bathroom on 1st floor.

Social concerns: no report.

Stewardship: updated volunteer lists were handed out.

Worship: no report.

Unfinished Business:

- Faith in Action office move There will be a meeting this week to prepare for the move.
- LLC Formation Adam spoke with attorney friend. The LLC could be owned by a Trust. We should contact the Synod office for further guidance.

New Business:

- Discussed water/freezing issues in the alley. The alley is owned by the city but the resident is required to maintain. Bob will contact the City to see what options are for addressing the issue. Will include a note in the February newsletter looking for suggestions on the drain issue in the parking lot.
- Knox Box metal box attached to the outside of the building for keys for the Fire Department to use in an emergency. Cost is \$420 to \$500. They recommend 3200 series. Matt made a motion to purchase a Knox Box using building fund monies; Judy Nickolai 2nd the motion. Motion approved. Will ask the Fire Department for suggestion on where to place the box.
- Bob suggested a committee be created to discuss future plans for our building. It was suggested that articles be places in the newsletter and bulletin to prepare for what is needed by this committee.

The next Council meeting date will be February 21 at 6:00 p.m.

Motion to adjourn made by Bob; 2nd by Judy Kort.

Respectfully submitted, Patti Busche Secretary

Sunday 9am / Lent 1pm Worship Assistants

March 2022

DATE	PIANIST / ORGANIST	READER / ASSISTING MINISTER	USHER / GREETERS	VIDEO TAPER
Wednesday, 3/2/22 (1pm)	Judy Kort	Sally Scinto-Reinertson	Bruce & Kathy Knox	Volunteer
Sunday, 3/6/22	Judy Kort	Vern & Joanne Diestelhorst	Bruce Knox	Volunteer
Wednesday, 3/9/22 (1pm)	Judy Kort	Sally Scinto-Reinertson	Bruce & Kathy Knox	
Sunday, 3/13/22	Karen Zuidema	Al Solomonson	Bob Doede	Volunteer
Wednesday, 3/16/22 (1pm)	Judy Kort	Vern & Joanne Diestelhorst	Bruce & Kathy Knox	
Sunday, 3/20/22	Judy Kort	Sue Schwede	Mike Schwede	Volunteer
Wednesday, 3/23/22 (1pm)	Judy Kort		Bruce & Kathy Knox	
Sunday, 3/27/22	Karen Zuidema	Al Solomonson	Dan Westaby	Volunteer
Wednesday, 3/30/22 (1pm)	Judy Kort		Bruce & Kathy Knox	

Altar Guild will be Holly & Dan Westaby

ILC Easter Word Search

OXDJPGNRPUCGYXODGEE QYGYWZ Y B B I PGEUGWAC CNICOD Е M U SWXUUKTZTC EBAPTIST Z B K OHN ТН X N C Z 1 E S U S J W O V G J E N Q S E F C M N X O U HP T O S X L Ε T G O S P Ε LUTOOX D F O H T B M M Y Z N E M I L D A U R T GAA M G R В OUZUA F V R Z M Р S QSMALCHUSZRMDCLAMH RQQOR P A Ι R P G U S W C AAXRX I R D D D Y C Ι E Q В S Z T P LUA C Z E Y K N D G IMHBHAXSASY L E N T Z NAEHAEKQPTHMFUMM I A E C MOCP SNIA Y Y M OY S Е M A R UGUTE I OSMLVGVFFEMD J В E A S T Ε R S Z В L J В L 1 OXA S TTT M W I Т N Ε S E QAQGCGBLON T M P E T E RIV X M Z K X S R M N M S Q M A R T H A F F Q

MALCHUS, PASSION, MARY, PALMSUNDAY,
WITNESSES, PONTIUSPILATE, GOSPEL,
JOHNTHEBAPTIST, LENT, ASHES, BARABBAS,
GOODFRIDAY, MARTHA, JESUS, LAZARUS, EASTER,
NICODEMUS, PETER, PETER, ASHWEDNESDAY

Immanuel Lutheran Church 630 Adams St Wausau, WI 54403

Our Sister Church is the Lobatla Parish. The address is: c/o Justice Pule, P.O. Box 160, Motswedi 2870, Republic of South Africa.

Immanuel Lutheran Church Office info@immanuelwausau.org Monday—Thursday 9am-3pm Phone: (715) 842-3644 For emergency call 510-355-4352 Website: www.immanuelwausau.org

Follow Immanuel Lutheran Church on Facebook: **@ILC Wausau**

Online Worship Services:

Monday Afternoon on YouTube (check your email for link)

TV Worship Services:

Charter Cable Channel 980 5:45 pm Tuesday & 9:15 am Thursday